

MEDIA RELEASE

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The Return of the River Zombies

The Flint RiverQuarium River Zombies 5K run & obstacle course returns for a second year on Saturday, October 26, at 3 p.m. Building on the success of last year's event, the race is moving to the former First Tee location behind the James H. Gray Civic Center.

The move will allow space for more zombies and an increased number of more difficult obstacles. Organizers urge runners to be prepared to get muddy! Participants will navigate the course while also avoiding zombies intent on stealing their "life flags." Last year, the River Zombies 5K had 350 participants and an equal number of spectators.

A Zom-B-Q amateur BBQ and cooking contest, sponsored by Central Monitoring, will be held on-site from 7 am-noon. Live music will be playing and vendors will be set up from 11 a.m.-7:30 p.m. Runners may pick up packets from 11 a.m.-2 p.m.

The River Zombies 5K is an untimed race. Each person crossing the finish line will receive a medal. The first female and first male to cross the finish line with the most life flags left will each receive a prize. Minimum age to participate is 12 years. If under 18, parent must be present and sign a waiver.

The entry fee is currently \$30.00 for individuals with teams of four receiving \$5 off their total registration. Fees will increase to \$35.00 each on October 15. Registration is available online at flinriverquarium.com or raceroster.com.

Sponsors for the River Zombies 5K are Procter & Gamble, Tony's Gym, Downtown Arts Coalition, The Kattalist Creative Group, MakerSpace, and Road ID

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